



# Phoenix carries the Olympic Torch

Our very own Olympic torch bearer Martin Hulbert tells his story.



Back in early 2011 I got an email from "The Olympic Torchbearing Committee" telling me that my Mum (bless her) had nominated me to be a torchbearer. Now although I have helped raise money for a local childrens charity since I was widowed in 2004, never, in a million years, did I think that I had done anything worthy enough to be considered as a torchbearer. So I thanked my Mum and dismissed the idea.

Then a couple of months later I received another email, saying that I had passed the first round of selection and could I provide more details about my fundraising, etc. Still not believing it would progress much further I sent back the information and then let it slip from my mind.

This was until last December. I was on the train for a weekend away, bored and checking my emails. Another email from the Torchbearing Committee. This time it said that I had been accepted as a Torchbearer subject to some "background checks". I was also told not to tell anyone until it had been confirmed (so obviously I announced it on Facebook straightaway like excited child I am!!!).

I have now received the final confirmation. I run a leg of the Torch Relay on Tuesday 3rd July in Oakham and I am so excited and proud to be involved first hand in a once in a lifetime opportunity.

If anyone wants to know more about the charity and why I am raising money, or would like to sponsor me to run the London Marathon again then please visit <a href="https://www.justgiving.com/martinhulbert2012">www.justgiving.com/martinhulbert2012</a>.





## The Olympic Torch Route

The Olympic torch relay visits Leicester, Leicestershire and Rutland on 2nd and 3rd July - on 2nd, it will pass through Market Harborough, Lubenham, Foxton Locks, Foxton, Kibworth Harcourt, Oadby and stop overnight in Leicester where a celebration is being staged by the city council at Abbey Park. On 3rd, it will leave Leicester and travel through Quorn, Loughborough, Hoton, Wymeswold, Asfordby, Melton Mowbray, Langham, Oakham, Uppingham and Stamford.

The Olympic torch relay will take the flame to within 10 miles of over 95 per cent of the UK population. The journey, starting on 19th May, covers 8,000 miles and involves 8,000 torchbearers.

LOCOG announced that the torch relay dress rehearsal - the only one of its kind in the country - will be staged in Leicester, Leicestershire and Rutland on Friday, 20th April.

The test event will recreate the torch's journey on 3rd July, from Leicester to Peterborough.

The street-level information is available at: www.london2012.com/olympictorchrelay.

### 2012 fixtures & club dates

#### **APRIL 2012**

**Sun 8th** Belvoir Half Marathon & 4.5 mile Fun Run,

Hose (10.00 am)

**Mon 9th** Stanwick 10K, Northants (10.30 am)

Sun 22nd London Marathon

**Sun 29th** Livingston Relays, Braunstone Park (10.30 am)

**Sun 29th** Milton Keynes Marathon (10.00 am)

Sun 29th Shakespeare Full & Half Marathon, Stratford (9.30 am)

#### **MAY 2012**

Thur 3rd County 10K Track Championship,

Saffron Lane Stadium (7.30 pm)

Mon 7th Woodhouse May Day Challenge, 13.5 miles,

Woodhouse Eaves (9.30 am)

**Wed 9th** Silverstone 10K, East Mids Grand Prix 1 (7.30 pm)

Fri 11th Notts 10, Holme Pierrepont (11.00 am)

Sun 13th Hinckley Half marathon,

LRRL Summer League 1 (10.30 am) No Block Entry.

Sun 13th
 Sun 13th
 Wymeswold Waddle 5 miles (10.30 am)
 Clawson 10K XC Challenge (11.00 am)
 Rugby 6, East Mids Grand Prix 2 (7.45 pm)

Tue 22nd Bedford 6, East Mids Grand Prix 2 (7.45 pm)

Fri 25th Rugby 6, East Mids Grand Prix 3 (7.45 pm)

Fri 25th Norman Bennett 3 mile Track Handicap.

Manor Road (7.15 pm)

**Sun 27th** Swithland 6, LRRL Summer League 2 (10.30 am)

Mon 28th Arnesby May Fayre 5 mile XC (2.00 pm)
 Mon 28th Oaks in Charnwood 6.5 mile XC (2.30 pm)
 Wed 30th Corby 5, East Mids Grand Prix 4 (7.45 pm)

#### **JUNE 2012**

**Sat 9th** Sherwood Forest 10K multi-terrain, Worksop (9.00 am)

**Sun 10th** Woodhall Spa 10K, Lincolnshire (11.00 am)

**Sun 10th** Long Eaton 5 (10.00 am)

**Tue 12th** Banbury 5, East Mids Grand Prix 5 (7.45 pm)

**Tue 12th** Rothley 10K (7.15 pm)

**Sat 16th** Wollaton Park 10K & Fun Run (10.00 am)

Sat 16th Breedon on the Hill 6.5K multi-terrain (3.00 pm)

Tue 19th Harborough 5, East Mids Grand Prix 6 (7.45 pm)

**Wed 20th** Hinckley 5K (7.30 pm) & 1 mile Fun Run (6.45 pm)

Fri 22nd-Sun 24th Calder Valley Midsummer Madness

3 Day Fell Race Series

**Sat 23rd** Glooston 10K (6.00 pm)

**Tue 26th** Weedon 10K, East Mids Grand Prix 7 (7.45 pm)

## **Spring Training Weekend**

#### Friday 18th - Sunday 20th May 2012

The Training Weekend will be at the Hagg Farm Outdoor Education Centre, Snake Road, Bamford, Derbyshire, S33 OBJ which is near to the Ladybower Reservoir. The cost is  $\pounds55$  and a deposit of  $\pounds20$  is required to confirm your place. There are still a few places left so please add your name to the list at the Legion if interested.

Hagg Farm centre is a comfortable high quality residential base for up to 44 people. The centre stands in its own grounds surrounded by forest and moor land. Facilities in the main centre include bunk rooms of 2 - 8 people, fully equipped kitchen, large group/dining room, TV/DVD/video, payphone and fax, group PCs, classroom, library and drying room.

For further information please see the details held on the club website or contact Sid Greer.

## Message from the

# Ladies Captains'

#### **Caroline Neal & Yvonne Dunmore**

At the AGM we both volunteered to run as joint Ladies Captain, Yvonne has run with the club for 5 years and Caroline for 2 years. Our contact details are Yvonne, 07976 262675 and Caroline, 07952 746962. Our main role will be to support all the new ladies who join the club and to ensure that we get enough ladies to all the league races.

We are currently building a database of contact details and we will be emailing you all for up to date details, it would be good to know which ladies would be interested in attending the league races.

We have been really pleased with the league races so far, and have had a full team to all but one of the Winter league races, it is really important that we get at least 4 ladies to each event, otherwise we lose points and may be faced with demotion in the league.

We wanted to highlight some of the following news ...

Well done to ...

- Caroline, Jane, Judith and Sharon who have ran for the club for the first time, we hope to see you again soon.
- Katy on completing both the Sleaford and Silverstone Half Marathons.
- Carole for getting the first lady veteran in the Cross Country.
- Maxine for being the first lady in the Braunstone 5k Park run on the 17 March.

We would like to send our warm wishes to Sandra and hope that her daughter Emma makes a full recovery, our thoughts are with her and her family.

We are currently looking at providing a team of 4 ladies to compete in the Livingstone relays to be held on 29 April, you will need to run 3 miles. If you are interested if you could ring either of us or let us know at the club.

And finally, good luck to all of you competing in either the London or Milton Keynes Marathon in April.

Caroline Neal & Yvonne Dunmore

# 2012 Wigston Phoenix Committee

Pete Sylvester was elected to continue as Club Chairman and Mick Jordan was re-elected as Club Treasurer. We currently have a vacancy for the Club Secretary role. Caroline Neal and Yvonne Dunmore joined the committee as Joint Ladies Captain. Clive Jones is continuing as Men's Captain. Mark Thompson, Mike Stiff, Jon Gunnell, Carole Priestley and Julie Cornes continue with their Officer roles on the committee.

## Rules for Wigston Phoenix Club Standards Awards 2012

- 1) In order to qualify for an award you must achieve the same standard (or better) at **three different distances in one calendar year.**
- 2) You can only qualify for the award at one standard level in any one year.
- 3) Any properly measured and certified road race can count.
- 4) The time achieved must equal or better the standard time.
- 5) Your time must be taken from the official race results.
- 6) Once you have achieved a particular standard level within an age group you can only improve upon it by achieving a higher level in a future year.
- 7) When you change age category you may qualify for any standard within your new age group.
- 8) The panel may also decide to provide a distinction award which is discretionary in nature and to be based on an overall recognition of meritorious performance in the absence of a qualifying standard award.

Any queries about the Awards Scheme should be addressed to Clive Jones or Mick Jordan.

### Norman Bennett Track Handicap

#### Friday 25th May 2012

The race takes place at Manor Road track, Oadby with a buffet provided afterwards at the new venue of the Cow & Plough, Gartree Road. Prize giving will include awards for the top 3 females, top 3 males, fastest male and fastest female.

We will be confirming numbers for catering in the week commencing 21st May and therefore any additions or deletions need to be made known by Tuesday 22nd May. Any withdrawals after this date will incur the stated cost of either £5 for race and buffet or £4 for buffet only.

We also ask that where possible please make payment by Tuesday 22nd May at the latest. This is so that only a small number of outstanding fees need to be collected on the night of the race during registration.

Registration on the day will be up to 7pm and the 1st runner will set off at 7.15pm. We will also have a group club photo before the first runner sets off, approximately 7.10pm, so please bring your club vest.

We need a number of helpers on the day. If you or a family member is watching the race and can help out then please add the appropriate names to the list of helpers and runners which will be available at the Legion from April onwards.

## **Hinckley Half Marathon**

#### Sunday 13th May 2012

The first race in the 2012 LRRL summer league will unfortunately have no club block entry available. This is due to the restrictions placed by the host club Hinckley RC. Individual entry is either online (link available on the club website) or by completed application form (copies available at the Legion). There is a closing date of the 27th April but you are advised to enter earlier as the race is likely to be oversubscribed.

## news in brief

#### **New Members**

Welcome to **Adam Naismith**, **James Bostock** and **Austin Orwin** who joined the club recently.

#### **Membership Update**

Membership fees for 2012 are now due and the rate is £18 with a 50% concessionary rate (students, unemployed, over 65) of £9. Payment can be made either on Tuesday nights at the Legion (cash or cheque), by post or via internet banking. Please make cheques payable to Wigston Phoenix RC. Ramon Howe has been appointed Membership Secretary and is now actively chasing outstanding fees from the relevant members.

#### Marathon Forum - Network

The marathon forum held on the 21st March with John Skevington was a great success, with 16 people attending. We hope that those who attended found it useful. We will be looking to organise further sessions with the Leicestershire Vision 2020 Athletics Network, both theoretical and practical, over the course of the year. Watch this space for more details.

#### Thursday night training

Thursday night training sessions will now be at the University Manor Road Track. Speed training is a really good way to boost your performance. Meet by the observatory by the track at 7 pm.

#### **LRRL**

Currently the following have completed all of the Winter League races:

Yvonne Dunmore, Phoenix Hoyle, Clive Jones, Dave Muddimer & Mike Stiff.

Good luck to all in trying to achieve the 100% award for 2012 by completing the Summer League races.

#### **Club Kit**

Club vests are available from Mike Stiff at a cost of £13.50.

All other club kit is available from Mark Thompson & Julie Cornes as follows:

Long Sleeve Tops £16
Short Sleeve Tops £14
Hoodies £18
Beanie Hats £5

#### Newsletter contacts

results@wigstonphoenix.co.uk news@wigstonphoenix.co.uk

## results // February 12

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