



Battle at Boggy Bosworth

Leicestershire Cross Country Championships, Saturday 8th January





From a runner's perspective

Last year's County Cross Country Championships had a brilliant backdrop of a snow covered course and weaving through Brocks Hill County Park. This year it was back to proper Cross Country conditions of loads of mud. A bright day did not mean warm conditions and the chill factor was definitly a factor to contend with. Earlier in the day Julie Lamb was the sole Wigston Phoenix lady to compete and did a fine job representing the Club by coming 3rd in the Womens 6k Masters competition in a time of 28.09.

In the Mens team we only had a Master squad competing. After Ted Toft's death earlier on in the week a fitting minutes' silence was held before the start of the race. A combined Under 20's, Seniors and Masters field gave the race some bulk to the numbers. As this was the last race of the day we had the misfortune to encounter a very churned up course under foot due to all the races that had preceeded us. In some stages it was very hard to get any momentum going. As the gun when off there was a very eager start and it felt more like a road

race in terms of speed for the first half mile. This came back to haunt me as the muddy fields made the going very tough. Unfortunately Alex Webster had to pull out after the first mile with a niggle making it unwise to continue. Andy Peet stepped up to the mark and led the Wigston Phoenix Mens squad round in an excellent time of 43.17. A few minutes later I thankfully finished with some very heavy, muddy legs. Mike Stiff in his usual capacity of results man also did well, getting round the course closely followed by Clive Jones and Dave Wilmot. Completing the team was Ray Draycott who like the rest of us, was glad to finish!

Colin Baxter.

From the Chief Marshal's perspective

I had a marshals meeting at 11.00am and thankfully all the guys whose arms had been twisted appeared and we had a full set of marshals. Mark Thompson and Richard Pearson were amongst them but they had no favours from me as Mark was told to take up a position soon after the start to herd the masses round the first corner. Main drawback was that this was a pretty exposed part of the course and,

although the sun came out, there was a biting wind. Richard was despatched to the far end of the course, miles from anyone and detailed to see the runners safely round the corner where the mud was at its deepest. His main function turned out to be rescuing running shoes dragged off by the mud.

Some other parts of the course were equally bad. I was positioned close to the finish by the final gate and well able to encourage the Wigston Phoenix contingent. All got through pretty well except Alex Webster who pulled out during the first lap to protect a niggling injury. Dave Wilmot seemed about all-in but finished really well, despite trying to duck the tape at the end to try and do another lap!

A long day, but enjoyable and rewarding (I think!). Races started at 12noon and all were completed by 3.15pm. But then the course had to be dismantled and return to a condition fit for Richard to do battle on. Something everybody should do from time to time. My special thanks to Mark and Richard.

Ramon

Annual Club Party

Friday 28th January, Leicester Tigers Ground

This year's party was a real success and combined the usual Annual Party and Presentation night into one event. Gathered at the Leicester Tigers ground gave us a great setting for the evening and Chairman lan presented the Awards on the night with a slick delivery as always. We had a great turn out with over 60 members in attendance with a few partners as well. After the awards were presented this was followed by a rather tasty hot fork buffet, then the disco began taking us through the evening. There was much dancing done and no one was safe fom being dragged onto the dance floor - thanks Anne! We hope that all that attanded had a great time and hope that this sets a good agenda for next years party! Congratulations to all the award winners, make sure you display your trophy with pride. A big thanks to all the people involved in making this happen and helping support your Club.

See you next year!













Presentation Evening Awards

Outstanding Female Performance	Maxine Powell
Outstanding Male Performance	Alex Webster
John Fraser Award (O/S Vet)	Les Chesterton
Best Newcomer Award Female	Jo Steane
Best Newcomer Award Male	Martin Hulbert
Most Improved League Female	Carole Priestley
Most Improved League Male	Craig Baker
Most Improved Marathon	Katy Goult
Most Improved Half Marathon	Jo Steane
Liz Mccaffrey Female Merit	Mel Prusek
Norman Bennett Male Merit	Mike Stiff

Club Standard Awards

Diamond Award	s
Mark Powell	Senior Men
Emerald Awards	•
Alex Webster	Male 40-44
Gold Awards	
Neil Carter	Senior Men
Silver Awards	
Martin Hulbert	Senior Men
Clive Jones Male	10-44
Bronze Awards	
Maxine Powell	Female 35-39
Ron Walton	Male 55-59
Dave Wilmot	Male 55-59
Copper Awards	
Nigel Ayres	Male 45-49
Julie Cornes	Female 40-44
Phoenix Hoyle	Male 45-49
Dave Muddimer	Male 55-59
Tom Muddimer	Senior Men
Karen Rogers	Female 45-49
Jo Steane	Female 35-39

Presentation Night Thanks

Ramon & Janet Howe much appreciated the kind words said at the Presentation Night and would like to thank Chairman lan, the Committee and all members for the generous gifts of a fine engraved tankard plus golf vouchers, and, of course, the splendid bouquet of flowers.

We thought the evening went really well and perhaps will set the trend for the future. Congratulations to the organisers. Ramon Howe

Barrow 6 - LRRL Race 1

Barrow Race Report 23.01.11

WOMEN

A good start for the ladies with Julie Lamb (1st vet) in just over 40 minutes in 12th place, but a lack of numbers throughout the race led to a 5th team position for Women (Division 2) and 2nd place for Veteran Women (Division 2). Kirsty Walker was our next counter in 63rd place in 46.34 with Jo Steane following in 92nd place in 49.37. Heidi Rose, making her club debut, finished in 52.15 in 11th place, followed by Carole Priestley in 120th place in 52.39 and Julie Cornes in 54.27 and 130th position. A total of 178 female runners took part.

MEN

Neil Carter and Alex Webster made a good start to the Winter League series with 14th and 15th places respectively in times just over 34 minutes. We were missing some of the usual runners so the team positions were 5th for Men (Division 2) and 6th for Veteran Men (Division 2). Mike Stiff was next in 84th place with Tom Drake making his club debut in 124th place in 39.34. Clive Jones was one place ahead of Rob Pullen in 171st position in a time of 41.28. This was followed by Rob Burgin in 185th place in just over 42 minutes followed almost a minute later by Dave Wilmot in 206th place and Phoenix Hoyle in 220th place. Dean Hassall finished in just under 47 minutes in 276th place and Jon Hunt made his club debut in 292nd place in a time just under 48 minutes. Ray Draycott came next in 307th place in 49.23 with Mark Thompson in 333rd place in 54.29. Bob Pople completed the team in 343rd position in just under 58 minutes. A total of 355 male runners completed the race.

news in brief

New Members

Welcome to **Jason Tyler, Tom Drake** and **Jon Hunt** who joined the club recently.

Membership Update

For 2011 the Membership Fee has been agreed by the Committee to be kept at £18 with a 50% concessionary rate. This is to be payable from the date of the AGM 15th February 2011. Members are asked to renew their membership by the end of April. It is also possible to pay via internet banking, please contact Mick Jordan for further details if you wish to pay by this method.

Rainbows 100 Lap Challenge

This year's event will take place on Friday 15th July at Saffron Lane at 7.00pm. Please put the date in your diary as we would like to enter a Wigston Phoenix team for the event.

Club Annual General Meeting – Tuesday 15th February 2011

The second Wigston Phoenix RC AGM will be held at 8.30pm on Tuesday 15th February 2011 in the Lounge at Wigston British Legion.

The Chairman, Secretary & Treasurer will need to be elected for 2011 as the principal Officers of the club. Reports will be presented by the Secretary, Treasurer and Club Captains and any motions proposed will be discussed.

Please take an interest in your club by attending.

Club Kit

The following items are available to be purchased by members - Shirts available in different sizes, Mens & Ladies:

Vests – £13.50 from Mike Stiff. **Short-Sleeve Tops** - £14 from Ian Fraser. **Long-Sleeve Tops** - £16 from Ian Fraser. **Beanie Hats** - £5 from Mark Thompson.







2011 fixtures & club dates

FEBRUARY 2011

Sun 6th Charnwood Hills Fell Race, 13 miles, Anstey (10.00 am)

Sun 6th Avalanche Adventure Run 10K, Sibbertoft,

Market Harborough (11.00 am)

Sun 13th Leics Road Running League, race no. 3,

Markfield 10K (10.30 am)

Tue 15th Wigston Phoenix RC Club AGM (8.30 pm)

Sat 19th National XC Championships, Alton Towers

Sun 20th Derby Runner XC, race no. 5,

Bosworth Battlefield (11.00 am)

Sun 27th Leics Road Running League, race no. 4,

Desford 10K (10.30 am)

MARCH 2011

Sat 5th Belvoir Challenge,

15 or 26 miles multi-terrain (9.00 am)

Sun 6th Derby Runner XC, race no. 6, Shelton (11.00 am)

Sun 6th Silverstone Half Marathon (12.00)

Sun 13th Stafford 20 (10.30 am)

Sun 13th Ashby 20, Ashby de la Zouch (10.00 am)

Sun 13th Retford Half Marathon (10.00 am)

Sun 13th Milton Keynes Half Marathon, 10K & 5K (10.00 am)

Sat 19th Midland 12 & 6 Stage Road Race Relays, Sutton Park

Sun 20th Newtons Fraction marathon, Grantham (10.30 am)

Sun 20th Leics Road Running League, race no. 5,

Kibworth 6 (10.30 am)

Sun 20th Stafford Half marathon (10.30 am)

Sun 20th Farmyard Frolics 10K, Brooksby College (11.00 am)

Sun 20th Full & Half Kilomathon, Derby (9.00 am)

Sat 26th Charnwood Marathon, 15 or 26 miles, Quorn (9.00 am)

Sun 27th Derby Runner XC, Final, Hatton Darts (11.00 am)

APRIL 2011

Sun 3rd Leicester 10K, Abbey Park (9.30 am)

Sun 3rd City of Lincoln 10K (11.00 am)

Sun 3rd Belvoir Half Marathon & 4.5 mile Fun Run,

Hose (10.00 am)

Sun 3rd Derbyshire Building Society 10K & Fun Run,

Pride Park, Derby (9.30 am)

Sun 17th London Marathon

Sun 24th Livingston Relays, Braunstone Park (10.30 am)

Mon 25th Stanwick 10K, Northants (10.30 am)

results // dec 10 - jan11

Wigston Phoenix Xmas Handicap, 4 miles XC (time order). 19.12.10

1	Martin Hulbert	26.40	14	Malc M
2	Andy Peet	27.27	<u>15</u>	Rob Bu
3	Colin Baxter	28.23	16	George
4	Andy Johnson	28.25	<u>17</u>	Ron Wa
5	Rob Nurse	29.55	<u>18</u>	Dean H
6	Rob Gregory	30.11	<u>19</u>	Ian Fras
7	Mike Stiff	30.33	20	Jo Stea
8	Clive Jones	30.38	21	Julie Pa
9	John Mason	31.17	22	Glen Co
10	Mick Jordan	31.24	23	Anne B
11	Dave Wilmot	31.34	24	Jon Gui
12	Ken Piggin	32.59	25	Karen F
13	Jane Fraser	33.22	26	Pete Gr

Huncote Hash XC, 6 miles. 02.01.11

23	Andy Peet	46.52	166
77	Rob Pullen	54.22	179
79	Dave Wilmot	54.30	206
149	Richard Pearson	62.30	246
165	Tania Brandon	65.20	

166	Jane Fraser	65.22
179	Jon Gunnell	66.52
206	Carole Priestley	71.09
246	Bob Pople	84.10

lerrifield

Rogers

lassal

ser

ne

alme

onroy

oulgei

Rogers

ırgin

34.00

34.22

34.53

35.15 35.39

36.42

36.44

37.49

41.03

41.12

41.37 41.59

44.02

Leics XC Championships - Masters Women 6K. 08.01.11

3 Julie Lamb 28.09

Leic	s XC Champion	ships – Masters M	en 10K. 08.01.11
17	Andy Peet	43.27	
29	Colin Baxter	46.46	
33	Mike Stiff	47.51	
37	Clive Jones	48.29	
43	Dave Wilmot	49.26	
62	Ray Draycott	59.19	

Derby Runner XC 4, Grace Dieu School. 16.01.11

<u> </u>	y Rullici AO 4,	didec bi
Men		
37	Andy Peet	35.06
80	Rob Gregory	37.58
91	Clive Jones	38.34
111	Mike Stiff	40.00
117	Nigel Ayres	40.11
<u>122</u>	Les Chesterton	40.33
124	Dave Wilmot	40.36

234	Pete Sylvester	50.55
235	Ray Draycott	52.21
245	Bob Pople	58.01
Won	en	
30	Sadie Murphy	43.41

LRRL Winter League race 1, Barrow 6. 23.01.11

Men 34.03 Neil Carter 15 34.12 Alex Webster Mike Stiff 37.23 134 Tom Drake 39.34 Clive Jones 41.28 190 Rob Pullen 41.29 Rob Burgin 42.13 235 Dave Wilmot 43.04 Phoenix Hoyle 43.33 Dean Hassall 46.53 369 Jon Hunt 47.56

394	Ray Draycott	49.23
464	Mark Thompson	54.29
489	Bob Pople	57.51
Won	ien	
149	Julie Lamb	40.02
336	Kirsty Walker	46.34
402	Jo Steane	49.37
437	Heidi Rose	52.15
442	Carole Priestley	52.39
462	Julie Cornes	54.27

Newsletter contacts

colinandalex@sky.com michaeljordan22@virginmedia.com Mike.Stiff@alliance-leicester.co.uk

